

CAREER GUIDE

PERSONAL STATEMENT WORKSHEET

The personal statement is your opportunity to present your qualifications and reasons for choosing a particular graduate school. Your statement should:

- Be memorable so you stand-out among all the applications,
- Persuade the selection committee that you will be successful and that you have the potential to contribute to the field, and
- Contain specific examples that provide evidence of your claims.

Use this worksheet to begin brainstorming what you'll include in your Personal Statement.

Question	Response	Specific Examples
What do you plan to do with your degree? What are your professional aspirations?		
When and how did you arrive at these aspirations?		
What continues to motivate you towards these goals?		
What sets you apart from other candidates? (What do you want the reader to remember about you?)		
Why are you interested in this field?		
Why are you applying to this specific school and program?		
What makes you a good fit for this school and program?		
What skills/qualities have you developed that will contribute to your success in grad school? What else has prepared you for this opportunity?		

Sterling College Career Services offers a series of Career Guides for our students and alumni. They can all be found at: https://www.sterling.edu/student-life/career-services/resources