

CAREER GUIDE

PERSONAL STATEMENT WORKSHEET

The personal statement is your opportunity to present your qualifications and reasons for choosing a particular graduate school. Your statement should:

- Be memorable so you stand-out among all the applications,
- Persuade the selection committee that you will be successful and that you have the potential to contribute to the field, and
- Contain specific examples that provide evidence of your claims.

Use this worksheet to begin brainstorming what you'll include in your Personal Statement.

| Question | Response | Specific Examples |
|--|----------|-------------------|
| What do you plan to do with your degree? What are your professional aspirations? | | |
| When and how did you arrive at these aspirations? | | |
| What continues to motivate you towards these goals? | | |
| What sets you apart from other candidates? (What do you want the reader to remember about you?) | | |
| Why are you interested in this field? | | |
| Why are you applying to this specific school and program? | | |
| What makes you a good fit for this school and program? | | |
| What skills/qualities have you developed that will contribute to your success in grad school? What else has prepared you for this opportunity? | | |

Sterling College Career Services offers a series of Career Guides for our students and alumni. They can all be found at: https://www.sterling.edu/student-life/career-services/resources