



WARRIOR WIRE™

PARENT NEWS FOR STERLING COLLEGE



Our purpose of the
Warrior Wire Parent
E-Newsletter is to
support you as a parent
so you can better
support your student.

DISCOVER EXCITING HAPPENINGS AT SC

Connecting Sterling College parents every
1st Thursday of the month to your
student's life on-campus.



Registrar,
Kendra Grizzle
registrar@sterling.edu
620-278-4278

REGISTRAR REMINDERS

- Mid-Term Grades will be available **Oct. 13th**
- Final day to Withdraw is **Oct 19th**
- Spring Enrollment opens **Oct. 30th**



Financial Aid



The Financial Aid Office is here to help with any financial questions you may have. Contact us at finaid@sterling.edu or call 620-278-4206.

Outside Scholarships

There is still time for students to apply for outside scholarships. Here are some great scholarship options:

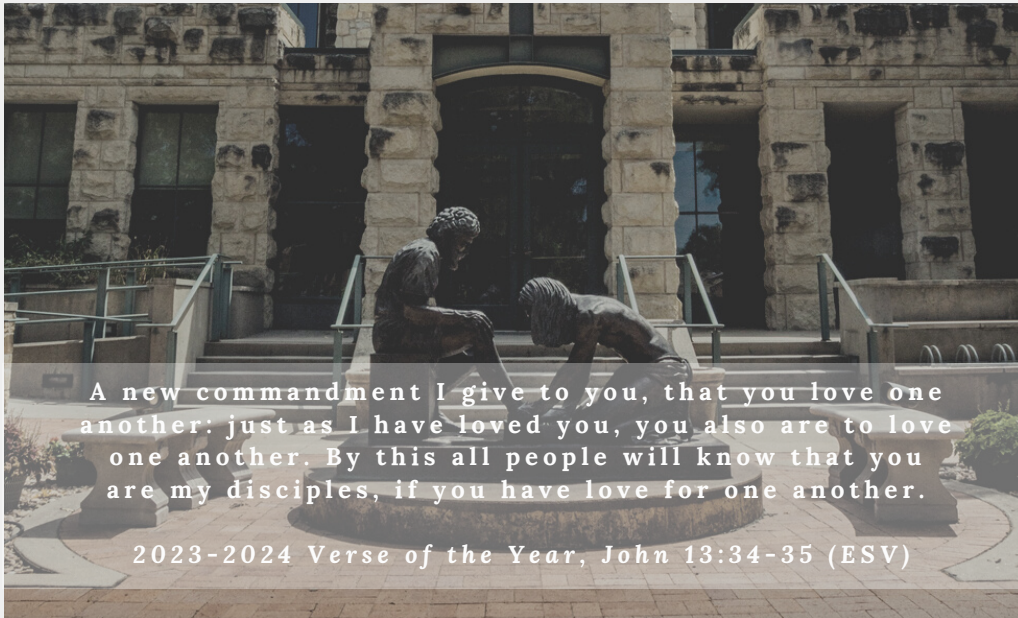
[MORE INFO](#)

[MORE INFO](#)



Mitzi Suhler,
VP Enrollment Services,
Director of Financial Aid

SPIRITUAL LIFE & MINISTRY



A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.

2023-2024 Verse of the Year, John 13:34-35 (ESV)



Campus Pastor & Missions,
Jose Carrillo
jose.carrillo@sterling.edu
620-278-4278

We will have our "Fields of Faith" event on Wednesday, October 11 and this will be a time of worship and hearing encouraging words from the Bible.

We are also excited about our upcoming chapel speakers for this month. To mention just two, we have President Bridger, Professor of Theology and Ethics, Dr. Jay Smith from Yellowstone Theological Seminary, and Dr. David Briones, the Associate Professor of New Testament from Westminster Seminary.

Sterling College is thrilled to announce that a team will be traveling to Cusco, Peru, from December 9th to 19th, 2023. This team is embarking on a life-changing experience, aiming to share the hope of the gospel and be the hands and feet of Christ.

We are calling upon our prayer warriors to cover our team in prayers.

QUANTITY MAKES QUALITY



Counseling Director,
David Miller
david.miller@sterling.edu
620-278-4297

MENTAL HEALTH MATTERS

As a counselor, I frequently witness how critical it is for parents to stay in touch with and support their kids while they are away at college. As your child transitions to a new stage of life, parents and students may find this to be a challenging time. However, parents can significantly contribute to their child's success and wellbeing by maintaining contact and providing support.



COMMUNICATION & SUPPORT

Regular communication is crucial for college students for a variety of reasons. In the beginning, it can assist students in maintaining a sense of home and family during a period of change. Second, it can serve as a source of emotional support and motivation. Thirdly, it can help students in making wise decisions and staying on track academically.

There are many opportunities for parents to support and communicate with their college-age children on a regular basis. Here are a few illustrations:

- Regularly call or text your youngster. You can let your child know that you are thinking of them with even a brief phone call or text message.

- Send your student emails or letters. This is a fantastic opportunity to share your views and feelings and have a deeper conversation with them.
- Send care packages. Something as simple as a box of cookies, a bag of jerky, or a gift card to the local Casey's convenience store can be a unique and enjoyable way to let your student know you are thinking of them.
- Visit your child as frequently as you can on campus. This is a wonderful opportunity to spend time with your child and see them in a collegiate setting.
- Participate in your kid's activities, including sporting events and concerts. This demonstrates to your child that you care about them and are supportive of their goals.



HOW DOES “QUANTITY MAKE QUALITY?”

The phrase "quantity makes quality" suggests that the more time and effort that parents put into communicating with and supporting their college students, the stronger and more meaningful their relationship will be. This is because regular communication and support help to build trust, intimacy, and understanding.

Keep in mind that even modest gestures of support and communication can have a significant impact on your child's life. Your child will flourish at college and develop a close and enduring bond with you if you stay in touch and encourage them.

SERVICES

Our trauma-informed, culturally sensitive counselors work collaboratively with students to improve their emotional well-being, balance priorities, enhance interpersonal relationship, and develop coping skills. Our services are free and confidential, and we offer a variety of options

- Short-term individual counseling
- Group Counseling
- Crisis Intervention
- Consultation
- Referral Services

ABOUT US

We are located in Kelsey Hall. Our office hours are Monday - Friday 8AM-5PM. If you need immediate help after office hours and cannot reach the RD or RD on call at 620-278-6218, please call 1-800-875-2544, the Crisis Intervention Hotline for Rice County, KS.

Contact Us:

Phone: (620) 278-4297

Email: counseling@sterling.edu

INTEGRATION OF FAITH AND LEARNING WITHIN ACADEMICS

On August 11th, the Faculty participated in a professional development day, which kicked off the Integration of Faith and Learning efforts for the 2023-2024 academic year. Dr. Eastes introduced the year's theme of reNEWed calling, which will be emphasized throughout the year during professional development days, fall and spring faculty renewal sessions, and faculty small groups discussing the text, *Servant Teaching: Practices for Renewing Christian Higher Education* by Quentin Schultze. The morning launched faculty into the academic year with a time of praise and worship (led by Heather Oden) followed by an encouraging, yet challenging message of reNEWed trust from Pastor JD Washington of Reach Church in Pratt, KS. The morning concluded with faculty and administration in prayer and reflection as they embark on the journey the Lord has laid out for SC this coming year.



Nicole Eastes, PhD, LAT, ATC
Clinical Education Coordinator
Assistant Professor of Athletic Training
Director for the Integration of Faith and Learning
neastes@sterling.edu
620-278-4260

UPCOMING EVENTS

OCT

THE TABLE BIBLE STUDY
7-7:30 AM (MONDAYS)

OCT
9

PILLOW FIGHT
@Gleason | 8-9:30 PM

OCT
10

TWIN GAMES
7PM

OCT
11

FIELDS OF FAITH
7PM

OCT
12

HOCO MUSICAL
7PM

OCT
12

SWING DANCING
@STERLING LAKE | 8PM

OCT
13

PEP RALLY
@GLEASON | 8:30-9:15PM

OCT
14

HOMECOMING HANGOUT
11AM-1PM

OCT
18

INTRAMURAL HOOSBALL
@KB COURTS | 6:00PM

OCT
26

INTRAMURAL CORNHOLE
@KB COURTS | 6:30PM

OCT
28

FCA 5TH QUARTER
@Gleason | 4-6PM

OCT
29

HAUNTED HOUSE
9-11PM

OCT
31

CAB
HALLOWEEN BINGO



STERLING COLLEGE

HOMECOMING

OCTOBER 12-14, 2023



OCT. 14TH
FOOTBALL GAME @ 1:30 PM



PANCAKE FEED
@ GLEASON CENTER (LOCATION CHANGE)
OCT. 14TH | 7:30 AM-12 PM



CLASS
REUNIONS



HOMECOMING HANGOUT
OCT. 14TH | 10 AM-1 PM



CLICK HERE
HOMECOMING SCHEDULE



WAYS YOU CAN SUPPORT YOUR STUDENT

- Encourage to read and respond to SC Emails
- Encourage them to attend class
- Advocating for themselves
 - Seek our Counseling Services
 - Seek Academic Support (tutoring - in person & online)



IMPORTANT DATES

HOMECOMING
OCT. 12-14th

FALL BREATHER (NO CLASSES)
OCT. 20th

[READ MORE](#)

DON'T FORGET!



MAKE TRAVEL
ARRANGEMENTS
SOON FOR UPCOMING
EXTENDED BREAKS!

RESIDENCE HALLS CLOSE
NOV 17 @ 5PM

THANKSGIVING BREAK
NOV. 20-24

RESIDENCE HALLS OPEN
NOV. 26 @ 8AM

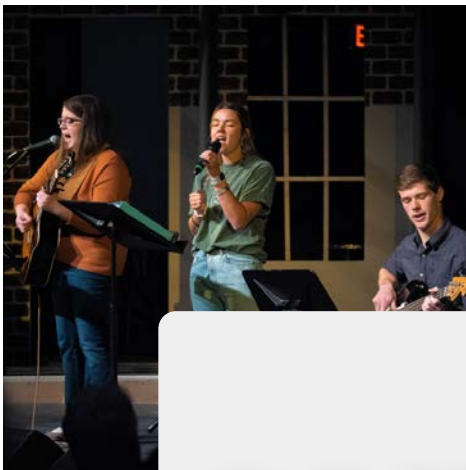
RESIDENCE HALLS CLOSE
DEC. 8 @ 5PM

WINTER BREAK (CAMPUS CLOSED)
DEC. 22-JAN.1

RESIDENCE HALLS OPEN
JAN. 8 @ 8AM

Our mission:

To develop creative and thoughtful leaders who understand a maturing Christian faith.



CONNECT WITH US



WARRIOR WIRE
PARENT NEWS FOR STERLING COLLEGE



620-278-4232



studentlife@sterling.edu



@scwarriors_studentlife



@SCStuLife



@SCStuLife